Books for Girls

A Girls Guide to ADHD (Don't Lose This Book!) By Beth Walker

Attention Girls! A Guide to Learn All About Your ADHD By Patricia Quinn, MD

Books for Parents

Understanding Girls with ADHD By Kathleen Nadeau, PhD, Ellen Littman, PhD, Patricia Quinn, MD

Raising Girls with ADHD: Secrets for Parenting Happy, Healthy Daughters By James Forgan, PhD and Mary Anne Richey, M.S. Ed

The Triple Bind: Saving Our Teenage Girls from Today's Pressures By Stephen Hinshaw, Ph.D with Rachel Kranz